

ORDINANCES FOR THE AWARD OF BACHELOR OF SCIENCE- PHYSICAL EDUCATION, HEALTH EDUCATION AND SPORTS [B.Sc. (PEHES)]-THREE YEARS (Six Semester) DEGREE COURSE

I. ADMISSION

A. ELIGIBILITY CRITERIA:

A candidate seeking admission to B.Sc.(Physical Education, Health Education & Sports) Semester-I for the degree of Bachelor of Physical Education, Health Education & Sports shall satisfy the following criteria:-

- i) A candidate seeking admission to B.Sc. (P.E.H.E.&S.) Semester-I course must have passed XII Examination of the Central Board of Secondary Education, New Delhi, or an examination recognized as equivalent there to with at least 45% marks in the aggregate.
- ii) The aggregate marks shall be determined on the basis of one language and three best subjects.
- iii) No person shall be qualified for admission to the B.Sc.(P.E.H.E. & S.) unless he/she has passed the examination, whereas, supplementary/Compartment candidates are not eligible for admission.
- iv) Person who has been convicted of an offense involving moral turpitude shall be admitted to a course of study or permitted to take any examination of the University until a period of two years has elapsed from the date of expiry of the sentence imposed on him. However, the Academic Council may in a special case, exempt any person from the operation of this rule.
- v) The candidates who have appeared at any of the qualifying examination but whose results have not been declared may apply for admission. Such candidate, if included in the final merit list of admission must submit their results of the qualifying examination in original to the authorities. In case of non-submission of result of qualifying examination, such candidate shall forfeit the right to admission.

B. AGE: -

The candidate shall attain minimum 17 years of age before the first day of October of the year in which he/she seeks admission to the B.Sc. (P.E.H.E. &S.) Semester-I. However, relaxation of age limit upto a max. of one year on the basis of individual merits may be made by the Vice-Chancellor, University of Delhi through the Principal of the Institution and/or Department of Physical Education & Sports Sciences, University of Delhi concerned.

C. FITNESS: -

- (i) The candidate shall submit a medical fitness certificate duly signed by a Registered Medical officer in the prescribed form of admission to carry out the vigorous physical and academic activities concerning curriculum and co-curricular activities, which runs throughout the year. If due to one or another reason s/he fails to carry over above-mentioned activities, her/his right of admission will be forfeited.
- (ii) Physical Fitness – A candidate have to qualify the prescribed Physical Fitness test.

D. ATTENDANCE: -

A candidate shall be eligible for appearing in the Annual Examination for B.Sc. (P.E.H.E. & Sports) Semester-I to VI only if he/she has a minimum 66% attendance in Theory and Practical classes in aggregate.

A candidate who participate in Co-curricular activities and/or extra curricular activities during the course of study in a year shall be entitled for proxy attendance in the activities duly recognized by the University and approved by the concerned teacher Incharge and Principal of the college (e.g. Inter-college tournament/ District/State/Inter-iversity/National/International/Invitational tournaments/ Camps/ Debates/Drama/Social relevance etc.). Such proxy attendance under no circumstances shall not exceed more than 1/3 of the total attendance (Theory and Practical in aggregate).

However, incase of serious illness and/or accident, a candidate, will not be given any proxy attendance under such circumstances. Such student can join the college in the next academic session on regular basis by payment of requisite fee prescribed.

E. DURATION:-

The total length of Bachelor of Physical Education, Health Education & Sports (B.Sc. P.E.H.E.&S.) Semester-I to VI shall not exceed six years from the first year of initial admission to the course and 5 years from the admission to the second year.

F. NATURE OF THE COURSE:-

The Bachelor of Science (Physical Education, Health Education and Sports) is a regular nature of course on full time basis.

G. RESERVATIONS:-

- i) Reservations for Schedule Caste/Schedule Tribes will be as per the norms of the University/Central Government and the candidate under these categories will be entitled for the relaxation of 5% marks in the minimum eligibility criteria in the qualifying academic examination.
5% of the seats are reserved for the children/widows/wives of the officers & men of the Armed Forces including Para Military Personnel killed or disabled in the action.

II. THE COURSE OF STUDY AND EXAMINATIONS SHALL BE AS FOLLOWS FOR B.SC. (P.E.H.E. & S.) SEMESTER-I TO VI EXAMINATIONS:**B.Sc. (PEHE & S) Semester-I (26 Credits)**

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 101	Foundations of Physical Education	75	-	25	5+0+1	6
BPE 102	Anatomy & Physiology	50	25	25	5+2+1	7
BPE 103	(a)Game of Specialization: Any one of the following: 103 (a) (i)Athletics 103(a) (ii)Basketball 103(a) (iii)Badminton 103(a) (iv)Cricket 103(a) (v) Football 103(a) (vi)Gymnastic 103(a) (vii)Handball 103(a) (viii)Hockey 103(a) (ix)Judo 103(a) (x) Kabaddi 103(a) (xi) Kho-Kho 103(a) (xii) Volleyball 103(a) (xiii)Yoga (b) Paper: Group-I: Any one of the following: 103 (b) (i) Sports Nutrition 103 (b) (ii) Computational Technology 103 (b) (iii) Aerobics 103 (b) (iv) Sports For All 103 (b) (v) Sports Industry & Management	50	25	25	2+4+1	5
		25	15	10	1+2=3	2
BPE 104	Hindi A / B	75	-	25	5+0+1	6
	Environmental Studies (Self Study Mode) (Common qualifying paper-I for all under-graduate degree courses of Delhi University)	75	0	25	4 +0+ 1 (Only for equivalence)	Nil

Total Credits = 26

B.Sc. (PEHE & S) Semester-II (27Credits)

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 201	Methods of Teaching in Physical Education	50	25	25	5 + 2 + 1	7
BPE 202	Computer Application in Physical Education	50	25	25	5 + 2 + 1	7
BPE 203	(a) Gymnastics	50	25	25	2 + 4 + 1	5
	(b)Professional Game: Group-I: Any one of the following game other than the Games of Specialization: 203 (b) (i) Basketball 203 (b) (ii) Kho-Kho 203 (b) (iii) Table-Tennis 203 (b) (iv) Swimming	25	15	10	1 + 2 = 3	2
BPE 204	Hindi A / B	75	-	25	5+0+1	6

Total Credits = 27
B.Sc. (PEHE & S) Semester-III (27 Credits)

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 301	Physiology of Exercise	50	25	25	5 + 2 + 1	7
BPE 302	Health Education, First Aid & Rehabilitation	50	25	25	5 + 2 + 1	7
BPE 303	(a)Game of Specialization: (To be continued from Semester-I)	50	25	25	2 + 4 + 1	5
	(b)Paper: Group-II: Any one of the following: 303 (b) (i) Sports Physiotherapy 303 (b) (ii) Gym. Management 303 (b) (iii) Fitness Instructor 303 (b) (iv) Communication in Health Education 303 (b) (v) Physical Growth & Development	25	15	10	1 + 2 = 3	2
BPE 304	English A / B	75	-	25	5+0+4	6
	Physical Activity Prescription (Qualifying-2) (E-learning mode)	50	25	25	3 + 2 + 1 (Only for equivalence)	Nil

Total Credits = 27

B.Sc. (PEHE & S) Semester-IV (26 Credits)

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 401	Sports Management	75	-	25	5 + 0 + 1	6
BPE 402	Test, Measurement & Evaluation	50	25	25	5 + 2 + 1	7
BPE 403	(a) Yoga	50	25	25	3 + 2 + 1	5
	(b)Professional Game: Group-II: Any one of the following game other than the Games of Specialization: 403 (b) (i) Badminton 403 (b) (ii) Cricket 403 (b) (iii) Kabaddi 403 (b) (iv) Handball	25	15	10	1 + 2 = 3	2
BPE 404	English A / B	75	-	25	5+0+1	6

Total Credits = 26**B.Sc. (PEHE & S) Semester-V (29 Credits)**

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 501	Sports Psychology & Sociology	50	25	25	5 + 2 + 1	7
BPE 502	Fundamentals of Sports Training	50	25	25	5 + 2 + 1	7
BPE 503	(a)Game of Specialization (To be continued from Semester-III)	50	25	25	2 + 4 + 1	5
	(b)Paper: Group-III (Any one of the following) 503 (b) (i) Sports Journalism 503 (b) (ii) Anger & Stress Management 503 (b) (iii) Fitness & Wellness 503 (b) (iv) Art of Daily Scheduling 503 (b) (v) Event Management	25	15	10	1 + 2 = 3	2
	(c) Teaching Practice	15	25	10	1+2	2
BPE 504	English A / B	75	-	25	5+0+1	6

Total Credits = 29

B.Sc. (PEHE & S) Semester-VI (27 Credits)

Paper	Name of the Paper	M. Marks Theory	M. Marks Practical	M. Marks Int. Assess.	Periods L + P + T	Credits
BPE 601	Kinesiology & Biomechanics in Physical Education	50	25	25	5 + 2 + 1	7
BPE 602	Personality Development	50	25	25	5 + 2 + 1	7
BPE 603	(a) Track & Field	50	25	25	2 + 4 + 1	5
	(b) Professional Game: Group-III: Any one of the following game other than the Games of Specialization: 603 (b) (i) Football 603 (b) (ii) Hockey 603 (b) (iii) Judo 603 (b) (iv) Volleyball	25	15	10	1 + 2 = 3	2
BPE 604	English A / B	75	-	25	5+0+1	6

Total Credits = 27

The Written/Theory and Practical Examinations shall be conducted by the University of Delhi through the Indira Gandhi Institute of Physical Education & Sports Sciences and the approved Examiners of the University of Delhi for each paper separately (Theory as well as Practical Examination).

III. MEDIUM OF EXAMINATION:

The medium of instruction & examination shall be English or Hindi for B.Sc. (P.E.H.E. & S.) Semester I to VI course.

IV Pass percentage and classification of successful candidate: -

- i) The minimum marks required to pass the qualifying examination shall be 33% in each paper.
- ii) The minimum marks required to pass the examination at the end of each year (Semester-I to VI examination) shall be 36% in each paper (theory and practical separately) and 36% in the aggregate. If there are parts of any paper the candidate is required to secure pass marks in each part of that paper. The passing criteria will be applied separately to the practical examination as well as to the total of the theory examination and Internal Assessment.
Provided that at the end of the semester-I, a candidate who does not pass the Semester-I examination but has secured at least 25% marks in the aggregate of the all the papers (excluding qualifying) taken together (including Internal Assessment and practical tests, if any) and has not secured pass marks in two papers, may be permitted to proceed to the semester-II, if otherwise eligible. However, he/she can appear in remaining paper/s of Semester-I alongwith the Semester-III examination.
Similarly, at the end of the semester-II, a candidate who does not pass the Semester-II examination (including a candidate who has not passed the Semester-I examination also) but has secured at least 25% marks in the aggregate of all the papers (excluding qualifying) taken together (including Internal Assessment and practical tests, if any) of the Semester-II examination and has not secured pass marks in two papers of Semester-II, may be permitted to proceed to the Semester-III. Such candidates can take the examination in the remaining paper/s of Semester-I & II alongwith the Semester- III & IV respectively.
The above mention procedure is to be followed for the remaining semester of the B.Sc. (P.E.H.E.& S).
- iii) Any candidate for the B.Sc. (Physical Education, Health Education & Sports) Semester-VI Examination, who attains the pass standard, but fails to attain the necessary standards in either or both the qualifying papers shall be required to appear in the remaining qualifying paper or papers, at a subsequent examination with in the span period of six years from the date of admission to the Semester-I of the course and if successful, shall be declared to have passed the B.Sc. (Phy.Edu., Health Edu. & Sports) in the year in which he/she clears the remaining subjects.

V. CLASSIFICATION OF RESULT:-

The successful candidate will be classified on the combined result of B.Sc. (P.E.H.E. & S.) Semester-I to VI examinations as follows:-

- a) **Distinction:** Minimum 75% marks in aggregate in Theory, Practical & Internal Assessment.
- b) **First Division:** Minimum 60% of the total marks & above but below 75% marks.
- c) **Second Division:** Minimum 50% of total marks & above but below 60%.
- d) **Third Division:** Passing with less than 50% marks in aggregate and more than 36% marks in aggregate.

VI. MISCELLANEOUS:

- I Out of the marks allotted for internal assessment of each paper, the marks shall be awarded on the basis of tutorials, projects, assignments, class test, attendance, attitude in the class etc.
- II The candidate shall be promoted from B.Sc. (P.E.H.E. & S.) each semester, if she/he fulfills all the conditions, prescribed for promotion.
- III Candidate/s failing or failing to appear in the B.Sc. (P.E.H.E. & S.) Semester-I to VI and Examination shall be allowed to appear at the respective examination in the next succeeding Semester, only on being enrolled as an “Ex-Student” (subject to fulfilling all the examination eligibility) in accordance with the regulations prescribed in that behalf. The candidate must pass the B.Sc. (P.E.H.E. & S.) Semester-I to VI examinations with in six years duration from the academic year of first admission to the first semester of the course.
- IV Candidates who have already secured the minimum pass marks in the practical papers at a previous examination shall not be allowed to re-appear in the practical papers as the case may be.
- V No candidate shall be allowed to appear in the final Annual Examination of B.Sc. (P.E.H.E. & S.) Semester-I to VI if he/she is in Service on fulltime/part-time basis before the completion of the final semester examination (Theory, Practical and Internal Assessment). However, if the candidate has the permission from the employer concerned to join the course alongwith the approved leave and “No Objection Certificate” for the entire duration of the course of the study, then the candidate shall be eligible to carry on the course and may appear in the final examination. In case of concealment of facts found/proved, the candidate shall be held responsible and action of debarring from the course and /or legal action shall be taken against him/her.
- VI No female candidate shall be allowed to continue the course of study for the concerned academic year/s in B.Sc. (P.E.H.E. & S.) Semester-I to VI if she carries pregnancy. In such case, she shall be treated under Ex-Student Category to appear in the final Annual Examination/s (Practical and/or Theory) in the next academic year, if she is found fit as in no-pregnancy condition.