

B.Sc.(PE,HE&S) Programme Details

In the process of professional development, it was decided to introduce semester system for all the courses under the direction of University of Delhi. The semester system has been implemented since the academic year 2011-12. All the courses have been updated in view of the recent developments and upcoming needs of the society. In this process a large number of papers were introduced for the first time in any Indian University in teacher training courses given below :-.

B. Sc. (PEHE & S) (Six Semesters) : The B. Sc. (PEHE & S) has been divided into six semesters with the additional papers namely Methods of Teaching in Physical Education, Computer Application in Physical Education, Professional Games, Holistic Personality Development, Test, Measurement & Evaluation, Physical Exercise Prescription, Teaching Practice (Class room & field), Sports Management, etc. The B. Sc. (PEHE & S) course is having total of 161 credits (26+27+27+27+27+27) in six semesters.

Optional Papers: Sports Nutrition, Computational technology, Aerobics, Sports for all, Sports Physiotherapy, Sports Journalism, Physical Growth & Development, Fitness & Wellness, Sports Industry, Gym. management, fitness Instructor, Communication in Health Education, Anger & stress Management, Art of Daily Scheduling, Event Management and Physical Activity Prescription etc. in addition to the other regular papers to be studied during the course of study.