

M.P.Ed Programme Details

Master of Physical Education(Four Semesters): The Master of Physical Education (M.P.Ed.) course has been redesigned into four semesters. The Paper for the master degree are namely.

Semester-I: Research Process and statistical Techniques in Physical Education; Scientific Basis of Sports Training & Talent Identification; Game of Specialization (Any one: Athletics, Aquatics, Badminton, Basketball, Cricket, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Volley ball and Yoga); Subject Specilization (Any one: Exercise Physiology; Sports Bio-mechanics; Exercise & Sports Psychology; Professional preparation & Curriculum Design; Sports Sociology; & Sports Management)

Semester-II: Research Process & Statistical Techniques in Physical Education, Education Technology and Pedagogy Tech in ques in Physical Education, Game of Specialization (to be carried- over from Sem.-I), Subject Specialization (to be carried- over from Sem.-I).

Semester-III : Optional Group-I (Any two to be selected): i) Fundamentals of Health Education, ii) Fundamental of Sports Biomechanics, iii) Fundamentals of Exercise Physiology, Subject Specialization (to be carried-over from Semester-II), Athlete's Care & Rahabitation.

Semester-IV: Optional Group-II (Any two to be selected) : i) Fundamentals of Sports Sociology, ii) Fundamentals of Sports Phychology, iii) Fundamentals of Sports Management & Administration, Subject Specialization (to be carried over from Semester -III), Measurement and Evaluation in Physical Education and Dissertation.

The **Add-on courses** offered are : Sports Nutrition and Exercise prescription, Advance Fitness Assessment and exercise Prescription, Advance Fitness Assessment and Exercise Prescription, sports Field Technology, Gymnasium Operation, Computer Application in Physical Education & sports, Life saving skills & disaster Management, Adventure Sports Leader Ship Training, Sports and Community Volunteer Leadership, Sports for all, Physical Education for all and Study of Olympics.

The students are required to opt at least one add on course in 2nd & one more add on course in 3rd Semester.

Note : Add on courses, optional courses & subject specialization are allotted on merit cum choice basis in such a way that almost equal number of seatss are allotted in all subjects offered.